

Laughing Our Way To Intimacy

Humor and Sex

Presented by Lee Harrington - © PassionAndSoul.com

We've each had those moments — when the vibrator goes flying or the stereo goes off with just the wrong song, and suddenly sex has turned into hilarity. But looking beyond the accidents that make for funny stories later, how can we incorporate humor and comedy to purposefully add spice, connection, intimacy or variety to our bedroom (and other) erotic adventures? Exploring the different schools of comedy from absurdity and slapstick to satire, black comedy and dry observation, we will see how each can be included in our sexual escapades. Whether you are using humor to try something new, push a boundary, look back on past pain, or simply PLAY — this class is for you.

Why do we want to incorporate humor into our sex?

Laughter	Tickling	Bringing back “Play”
Relaxation	Giggling	Kinky
Role Playing	Intimacy	Reaffirming Love
Absurdity in/of Sex	Catharsis	Laugh at past pain
Trying something new or pushing a boundary		
Safe way to look back on past mess-ups		

What are examples of your humorous sex stories?

What are some examples of fun or funny role playing?

What is humor? What is comedy?

Humour or humor is the ability for people, objects or words to evoke feelings of amusement or happiness.

Comedy is the Performative Act while Humor is the experience of the content therein.

Comedic styles are tools with which to apply your humor. Just like choosing your sex toys. Just because choose a vibrator doesn't mean you can't use a dildo later, it also DOES NOT dictate HOW you will be applying that vibrator.

Types of respondents- see comedy styles (ie straight man)

Wardrobe, props, and high production sex play

Schools of Comedy:

Adage (use of clichés in scenes, use of popular language, short concepts); Related Comedic Genres- Running/Inside Jokes, Intellectual Comedy (and its partner, Political Comedy- both require all involved to have “high brow” knowledge of the minutia involved- also related to Cultural Comedy)

Observational humor (self or immediate nearby deprecation, yo mamma vs laughing at own or others foibles/weaknesses); Related Comedic Genre- Insult Comics

Ethnic/Cultural/Body Image Comedy (race jokes, overly stereotyped race scenes, minstrel scenes, fat women coming at you with food, tie dye burkas); Related Comedic Genre- Overt Taboo Breaking

Irony (often the result of happenstance, very difficult to “create” artificially. Example hemp rope allergy on a rope enthusiast); Related Comedic Genre- Black/Dark/Morbid Humor (as through fatalism)

Parody (probably the easiest, taking a small thing and blowing it completely out of proportion, not just a dominatrix, you are THE DOMINATRIX- exaggeration of character); Related Comedic Genre: Satire

Situational Comedy (sit com, character driven, interactive dialogue, and over exemplify the “day to day”, allows viewers subtle empathy into the window provided- exaggeration of event with accessible character)

Musical Comedy (self explanatory)

Slapstick (physically impacting mockery- throwing big foam bricks at heads, doing it again); Related Comedic Genres- Crude/Gross-Out (farts, body fluid humor), Knock Knock/”Juvenile” comedy; Vaguely Related Comedic Genre- Improvisational/Sketch Comedy (pick-up scenes or roleplay based on “what is available” or thinking outside the box)

Vaudeville (non-impacting physical comedy: continuous never ending rope, tripping over self, anything charly chaplain-esque)

Surreal Whimsey (Scenes that make no sense, convincing bottoms they are on acid, skipping themes in scenes, doing scenes that leave the audience convinced they are on acid) ; Related Comedic Genre- Absurdity, Dadaism; Vaguely Related Comedic Genre- Theatre of the Absurd (Beckett, Ionesco... Waiting for Majors/Godot)

Improv vs. Scripted Comedy

Humor gone sideways:

Humor as coercion

If you don't laugh, is it still funny? Who decides if it was funny?

When the humor is in “poor taste”

When the laughter isn't meaning you're having a good time

The dangers of sarcasm, and when the joke isn't understood

Humor as a form of survival in abuse situations

The fine art of addition vs. disruption

Is our fun worth the sadness/frustration of partners?

Just because you explore humor, it doesn't mean you have to become a one hit wonder

Create collaborative sexual experiences!