

Erotic Alchemy: An Introduction to Sex Magic

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The world of sex magic is clouded in mystery, with images of shadowy covens and yogis who possess cults of scantily clad women filling the imagination. However, erotic energy working is simultaneously more complex, and much more accessible, than pop media might have us believe. Sexual contact and connection is a powerful tool to use in our sacred, sensual and spiritual lives. From the “Great Rite” to dedicated tools, the power of orgasm to the debates about polarity and resonance, we will examine a wide variety of topics surrounding the world and applications of erotic alchemy. Join us as we examine raising sexual energy to create connection, manifest change in our lives, and affect the world at large.

Sex magic v sacred sex (dedicated to divine, part of spiritual/faith practice... or is all sex sacred?)

Bringing together physical and spiritual (seen and unseen)

Psycho/sexual/spiritual nature of energy

Body – Mind – Spirit – Environment

Magic = Intention + Attention

Magic(k) = creation, manipulation and direction of magical energy

Magic is not good or evil, just as electricity is not good or evil

As for “Sex” Magic... what does Sex look like for you?

As part of spiritual tradition/faith v as a form of technology

- Tantra, Daoist, etc. – Eastern practices (nasal health)
- Western – Kabbalah, OTO/Crowley, Golden Dawn, Swedenborg, Wicca, etc.
- Formal sex magic traditions/rites
- Magic as science and art
- Great rite – metaphor or in actuality (forced to initiate?)

What is the point?

- Raising energy – for what? – spell (to spell out what you want), sending out to world
- Creating connection
- Feeling good
- Manifesting change
- Drawing in a specific type of energy into one's life
- Creating an Altered State of Consciousness (ASC)
- Gnostic experiences and channeled energy from “beyond”
- Will working
- Creating resonance, hooking in, or creating pools to work from
- Working on the astral plane – what happens there, effects here
- Invocation and evocation
- Is the point better sex? Own it, v. trying to say it is about magic... unless you have a magic roleplaying fetish

Etheric Anatomy

- Raise energy up chakras/down/circle
- Triple souls
- Auras

Eightfold Paths

- Breath – qui, prana, spiritus as both “energy” and “breath”
- Exercise, energizing breath, cooling breath
- Rhythm – Ordeal – Flesh
- Ritual – Asceticism – Horse – Plants

Trance to set up sex, or sex to set up trance

Using orgasm, withholding orgasm (energy depletion theory)

Power in ejaculate, body fluids, et al

Sacred spaces

Dedicated tools

Some forms of sex dedicated to magic? – SM in Wicca

Talismans, colors, sigils, setting the mood, mnemonic devices

Book of shadows/records

Who is involved in your Sex Magic?

- Solo
- Partnered
- Group
- Group sex magic

Who will be raising/channeling the energy?

Who is going to be guiding the energy? (monofocal, duofocal, polyfocal - with guide or not)

Circle between partners (set intentions first for no cross-over)

Polarity v resonance (magnets or yin/yang v tuning fork/violin)

Let go and let the magick work (v formal ritual – power of formal ritual)

Personal responsibility

- Sexual and physical health – is your body game for this?
- Rituals are not alone – how are you following desire in rest of life?
- Why are you doing this? Are you sticking to your reason/plan

Using altered state or magic as an excuse to break rules, be stupid, etc.

Hooking in – energetic condoms

Sex magic does not replace sex – this can bring up emotions; make sure to have other sex/play

Ethics of spellcraft and magic