

Reclaiming our Pleasure Rights:

Sexuality, Psychology, and Ecstasy
for individuals outside the gender binary and their lovers

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Let's skip to the meat of the matter: we want sex, we have sex, and we deserve sex. But how can we reclaim our pleasure rights when we won't even talk about it with our friends and lovers? In this class we will dive into the fears we have around rejection and body dysphoria, then put that all on a shelf for a few minutes to dive into what actually WORKS! How does humor and joy play into our pursuit of pleasure? What issues face trans folks or others who are outside the binary who have male partners, female partners, trans partners, and hell, what do you call the stuff between your legs anyway? Does it matter? We'll touch on the issues of safer sex as well, in a community where our desperation to be touched the way we need to be touched has led to a heartbreaking habit of doing anything to get our needs met.

Introduction and Discussion

Why do you want to have sex?

What sex do we have?

What the hell is sex?

What do you call what is between your legs? On your chest?

What exactly do you do with your body parts?

What can be touched? What can't be touched?

What do you like having touched?

How do you like it being touched?

Penetration? Oral attention? In which directions?

What about nudity? Energy exchange? Astral bodies?

What unexpectedly hot things does your body (and/or gender combination) do?

What are your thoughts about your body?

How do you work with your body, against it, around it? Are you present during sex?

Do you cum? How do you cum?

How do you react when someone steps over your lines?

How do you work with awkward moments?

If a partner has different tastes, how do you find stuff to do?

What does safer sex look like for you?

Have you done something sexually, socially, financially, etc., to be able to be touched the way you want?

What kinds of partners/lovers do you have?

What is their gender? How does that interact with your gender and sexual identity?

What kinds of sex do you have?

What parts of this really matter to you? Dig deeper. Be honest with yourself.

...and a thousand other questions! Stay open, breathe, find what's hot for you. Our partner's answers are not about us, they are about them- don't take their journey personally. Be authentic to your journey and remember... you deserve excellence.