

Inner Monsters: Delving into the Darkness of our Desires

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Establish rules

- We will be talking about realities, as well as fantasies
- Trigger warning
- What is discussed here, stays here

What do others consider taboo?

Incest	Bestiality	Racial	Loss of Identity
Mind Fucks	Lying/Cheating	Medical	Pow/Mia/Military
Elder Abuse	Domestic Abuse	Clowns	Scat/Body Fluids
Mutilation	Interrogation	Fisting	Being given away/sold
Pedophilia	Infantilism	Rape	Breath Play/Knock Out
Tickling	Age Play	Drugs	Unprotected sex
Amputee/ Extreme Body Modification (hair cutting/head shaving)			
Snuff- Euthanasia, Murder, Cannibalism			Body Image (teasing or sculpting)
Insanity/Institutionalization or Going Crazy			Humiliation/Degradation
Social/Religious/Familial Ostracization			Loss of privacy/control/power
Authentic Suffering/Broken Angels			Pregnancy or HIV givers (seeders)
Elemental Play (fire, water, earth/buried)			Loss of humanity/Objectification
Gang Bangs or Outside of Relationship stuff			Cutting/Scarring/Bleeding
Anal Play	Primal Play	Terror	Astral Modification
...and more			

What do you consider taboo?

Why do you consider it taboo?

What makes something inappropriate to consider for fantasy? For actually doing?

Power of Taboo

There is a loss in losing a Taboo (inability to access naivete any more)

Loss of Taboo as loss of power

Developing/Maintaining your Fantasy Boundaries

Many people have VERY definitive cut off points, but not all

Do you keep it in your mind?

Do you just want to see it? See it around others?

Do you share it confidentially?

Do you decide to go there “safely”? SSC

Do you go there with risk awareness? RACK

Do you try it real at all?

The big black scary questions beyond

When it is No Longer Role Play

Obsession vs. Fetish

Is the fetish the desire/longing or the act itself?

Do you take a bite?

Abstinence

Moderation (just one biter OR low fat options)

Sometimes doing it once feeds the need

Low Fat option as role play

Re-programming to never want it again

Indulgence

Overdosing/Self Destruction

...other ideas

What happens if you took a bite and it stayed or got more intense?

Developing Ethics surrounding your kinks

How do you develop your ethics?

Can you put them (or yourself) in that sort of sociological or physical danger to fulfill your fantasy?

If you say “no” can it be as damaging as allowing them to fulfill them?

The Edge is right up to the point you can't handle it any more

What about when a partner brings a fantasy to you?

Ask them about their fantasy boundaries

Make NO assumptions about what their boundaries are/don't be too “helpful”

Legalities - For you or for partner

Are you legally/socially/emotionally risking yourself?

Has this been thought through?

Who else does this effect?

What happens in a worst case scenario?

Has that been planned for?

Where does kink end and psychosis begin?

Partialisms vs. paraphilia

What is ok to do in public on any of these dark pudding concepts?

Ethics of the onlookers

Are you putting yourself in danger by even discussing your darkness in public forums or play acting them in public venues in a world of “vanilla bdsm”

Interrogation/terror with your partner- is it a good idea?

Personas as tool (does not apply in M/s relationships/roles)

Top drop/sub drop

Aftercare in extreme situations – who provides, what if someone is still “bad guy”

Resources for people who break down – planning in advance for worst case scenarios