

Authentically Kinky

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Let's get this straight... you have twisted, perverted, alternative or kinky desires that set you apart from vanilla sexuality in some way. Have you joined a kink community through books, online or in person... and now you do stuff that the community tells you what kinky "should" look like? Have you started a relationship and you are having trouble with the reality of the relationship being nothing like the fantasy of it? Be honest- flogging and rope bondage doesn't do it for everyone, and most of us really can't be labeled into simple categories like Top, Bottom, Dominant or Submissive. You are a complex being with personal desires, and so is that person next to you. Let's look into what makes each of us authentic sexual explorers... finding our true sexual and sensual desires amidst the messages from our communities and beyond.

At Shibaricon, a rope bondage conference, I asked folks what they really wanted out of rope.
A skill? A feeling?

Because so many folks were being told by their community, or through kink media, that you were not a real rope bondage top until you can do suspension bondage... but if suspension bondage does not turn you on, or Japanese style bondage, or whatever does not do it for you... then why are you doing it?

Do you remember why you got into kink in the first place?

What are your earliest fantasies around Kink?

Top, Bottom, Role based?

What about that got you hot?

Was it sexual, or not?

Consensual or not?

Did it involve:

- Sadism/Masochism (and how intense?)
- Dominance/submission (or Service, ownership)
- Sexual Play (what is sex to you? What activities? How to be touched, filled, fucked, touched, kissed, cuddled, fondled?)
- Bondage (decorative, restrictive, outdoor, inescapable)
- Physical Interactions (sensual? Take downs?)
- Role/Identity Exploration (age, animal, gender, military...)
- Body Modification (ink, branding, makeup, cutting, other)
- Objectification and Humiliation (what types work, what doesn't)
- Psychological or Fear Play (guns, abandonment, rape, clowns)
- Voyeurism/Exhibitionism (for one, for many, in public?)
- Fetish Object Exploration (latex, leather, hosiery, penguins, feet...)

Were there details of the scenario that really did it for you?

What were your experiences getting involved with kink with other humans?

With the scene/lifestyle?

What did you first witness around kink when you went to your first parties?

Talked online?

What generalities did you make?
What were you told was good? Bad?
The epitome of excellence? As a Top or Bottom? What made you believe that? Do you still believe it?
e.g. Flogging, must submit to top, wear black, not laugh in the dungeon...

What about kink relationships?
What have you been told makes a good kink relationship? Bad?
What is the epitome of excellence? What made you believe that? Do you still believe it?
e.g. Polyamory, 24/7 Master/Slave, Swinging, Ability to play with strangers...

What are the core kernels of your passion around kink?
What kind of relationship do you want?
What are you currently doing?
Why are you currently doing that?
Partner? Expectations? Your skill set? Showing off? Fear of sharing truth?
Or did you try the thing that you fantasized about and found that the fantasy was not as excellent?
Again, what was the core of that kernel
e.g. surrender, touch, sensuality, destruction, trust... what is the thing behind the thing you desired?

Pay attention to what twists that little thing inside you
If hot was/is take downs, why learning decorative bondage?
If there is a good answer, keep doing it! If not, sit and think on that.

Are you coping with your desires, accepting yourself, or embracing yourself?
Are you engaged in passions that feed you in your CORE being, or just what you can get, what others think you want, what is easy, what someone of your label SHOULD want.

Take your own desires seriously enough to make them happen
Are you being vulnerable to yourself?
Are you being real with yourself?

Before we can ever hope to have a healthier and more meaningful sexual existence with others, before we can deepen our romantic or relationship connections by being real with them, by being vulnerable with them, we have to learn how to do these things with ourself!

Only once we have done this, can we have the ability to share
And when someone does share, I challenge you to:

Give your partner what they *really* need, not just what you perceive that they need.

Don't take the journeys of others personally
I challenge you to saying "yes" to YOUR journey